

7月のほけんだより

令和4年7月20日
川口市立高等学校
定時制保健室

The first semester is coming to an end, and summer vacation is about to begin. In addition to club activities, study, and part-time jobs, summer vacation is filled with events such as summer festivals and fireworks displays. Take precautions against infectious diseases and have an enjoyable summer vacation.

Coronavirus × heatstroke ~Infectious Diseases to Watch Out For During Hot Seasons x Heat Stroke Prevention~

mask

hydration

Don't make the mistake of thinking that the mask is moisturizing you, but hydrate frequently!



I hope we can set up a time to have a drink.

Hours.

distance



Let's keep our distance and take off our masks. But don't do it for a long time.

air-conditioning

ventilation



Do not turn off the air conditioner and ventilate frequently.

meal

sleep



The basics of physical fitness to resist coronas and heat stroke are to eat and sleep.

保健室からの お知らせ

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◎About New Coronavirus Infections

○About the case of a positive test result

Please contact the school as soon as the student's own positive test results are known.

○If a positive test is found on weekends, holidays, at night, or after school business hours

If a student finds himself/herself positive and is unable to contact the school, please contact us using the reporting form below.

【Reporting Form】

Kawaguchi City Website → Search by Organization → School Education Department school health division → News from the Division 「Contact Form for Persons Positive for New Coronavirus Infection」

Direct link to form <https://logoform.jp/form/zRQD/6844>

保健室からの お知らせ

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All medical examinations were completed and results and treatment recommendations were distributed. See your own health and physical growth from the results of the medical checkup. Students who have been handed a treatment recommendation should see a doctor as soon as possible. This summer vacation is your chance. Let's finish the treatment during the summer vacation and see you in good health in the second semester. Please submit the form to the Health Office when you have completed your treatment.