



It is mid-October, and the season is gradually becoming more pleasant. A month has passed since the start of the second semester, and it is probably time to start getting back into the intervals of the first semester. Mid-term examinations will begin next week. Let's take care of our physical condition so that we can be fully prepared.

October 15 is "World Handwashing Day."



Does everyone wash their hands thoroughly every day?

Hand washing is one of the measures to prevent infection. Although we take hand washing for granted, there are approximately 1.5 million children in the world who do not wash their hands properly using soap, who fall ill and lose their lives due to unsanitary conditions.

If we could use soap and wash our hands correctly, many diseases could be prevented and many lives could be saved.

One of the easiest ways to protect yourself from disease is to wash your hands with soap. To promote proper handwashing, October 15 was designated as Global Handwashing Day in 2008, the International Year of Sanitation. With the spread of new coronavirus infections, handwashing not only protects you, but also protects you from passing it on to others and protecting others.

The most important thing about hand washing is to get all the germs and dirt off!!!



Let's wash every inch of our hands!



Are your clothes appropriate for the temperature?

It's time to get ready!

