

令和4年10月24日 川口市立高等学校 定時制保健室

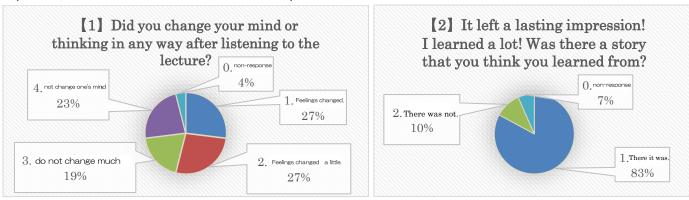
Thank you all for the health class. How was it?

This year, we invited a midwife as a lecturer and held a sex education session on the theme of "Sex talk conveyed by a midwife - to protect yourself and your loved ones. It was very easy to understand, there were quizzes along the way, and I think I enjoyed learning.

I am sure that you have learned about sex education before, such as in health and physical education, but I am sure that you have felt something new about it. I hope you can make it work for you and your loved ones.



(Worksheet Questionnaire Results)



(Everyone's Impressions)

- I wanted to cherish my love life with the person I love.
- When I had a partner of my own, I changed my mindset to the idea that having sexual knowledge would be mutually beneficial.
- I want to take care of myself.
- I changed my mind about sexual activity when I learned that condoms and birth control pills do not provide 100% contraception.
- I feel that my ideas about sexuality have broadened considerably. I used to think it was not important, but now I want to think about it more deeply. I thought that there is a great deal of difference between individuals in terms of gender.
- You must respect your own feelings and those of others to protect yourself and your loved ones. Once again, I realized how scary sexually transmitted diseases are.
- I was very glad to have this opportunity to hear the contents of the lecture, which I often learned in elementary and junior high school, but now that I am a high school student and will become a member of society, I am glad that I had this opportunity to hear it properly.